Step-by-Step Instructions for RAPID-PFA Training

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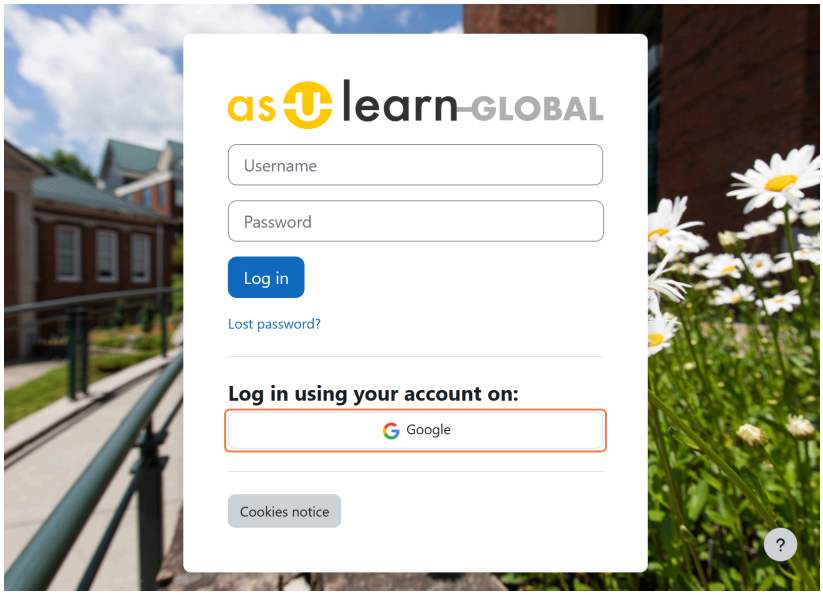
👋Welcome!

Thank you for taking the RAPID Psychological First Aid Training on AsULearn Global. This course will guide you through RAPID PFA, a scalable and evidence-based intervention that equips people with the skills to provide immediate support to individuals in distress after a traumatic event. RAPID PFA is a framework for listening, assessing needs, and offering compassionate, practical help.

This is a free online training designed to be used by community members like you! The training takes approximately 2 hours, and each module is self-paced. Go through the course to learn about mental health in Western North Carolina and how to support fellow community members during distressing events.

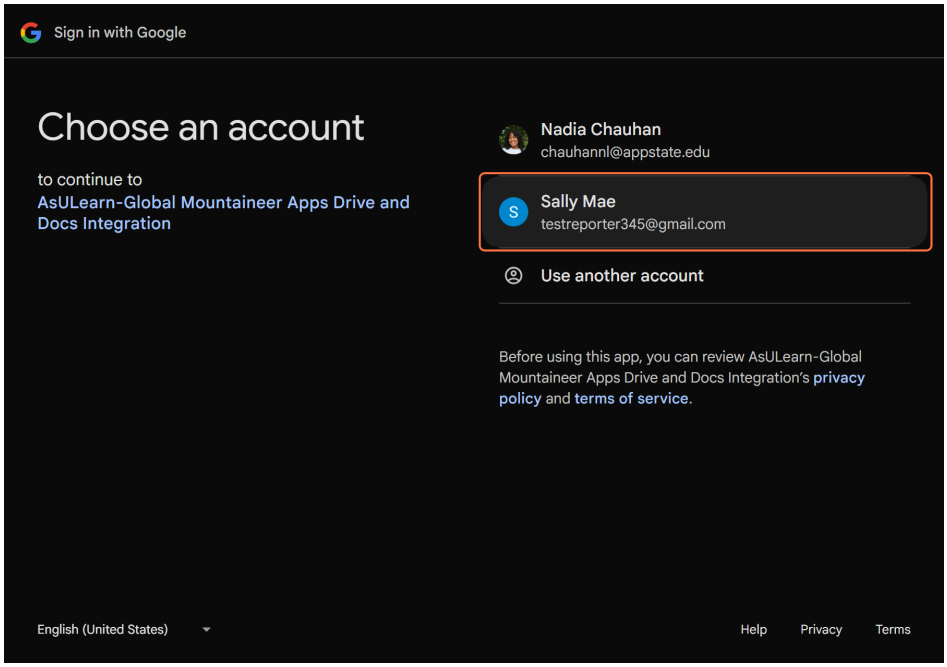
Follow the instructions below for information on how to access the course and get started.

Step 1: Go to https://asulearn-global.appstate.edu/index.php? and log in using a Google Account.



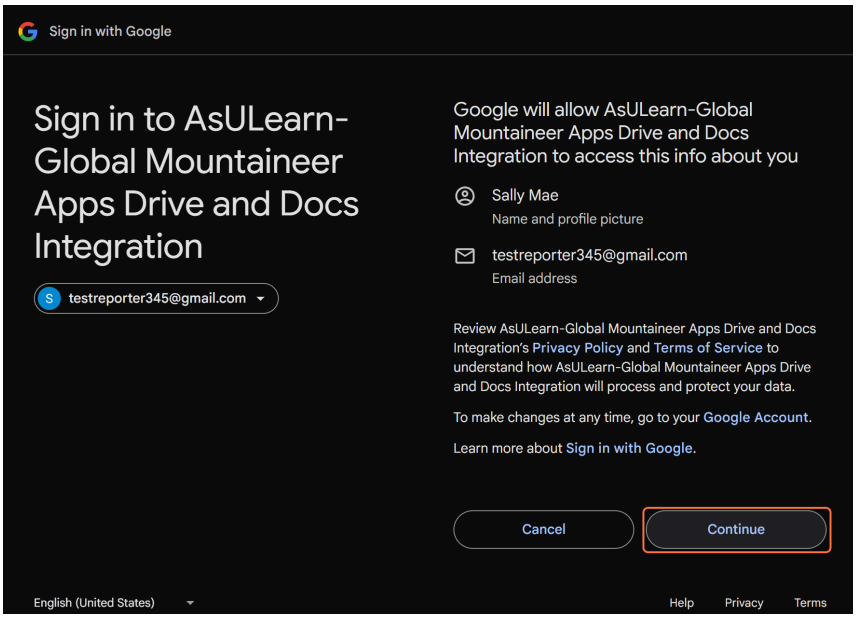
Step 2: Select the Gmail account you want to use.

Login using your own personal gmail account or create a new one.



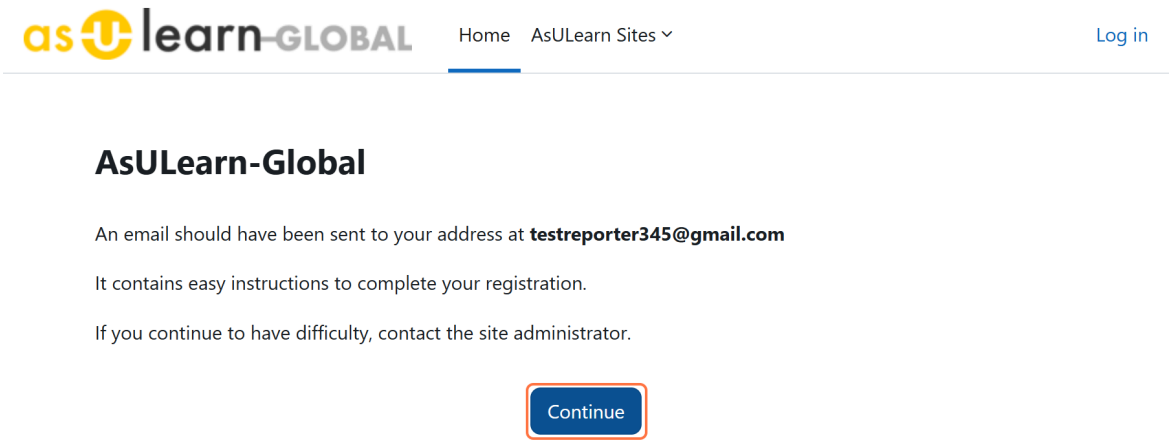
Step 3: Click on Continue

Accept the terms and conditions to use your Gmail account with AsULearn Global.



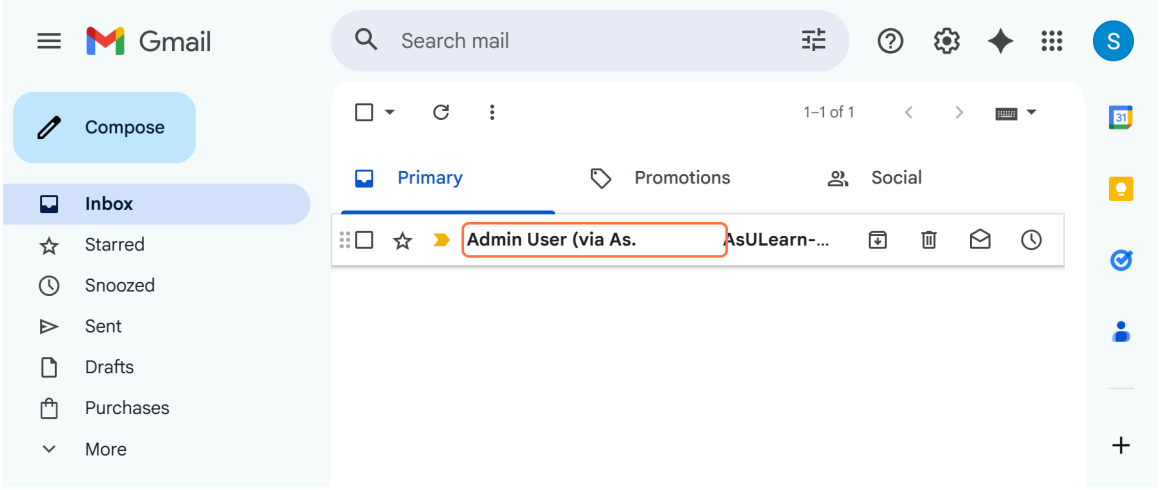
Step 4: Click Continue

Once you have linked your Gmail account to AsULearn Global, you will be taken back to AsULearn Global where you will prompted to check a verification email in your inbox. Click Continue to get this email.

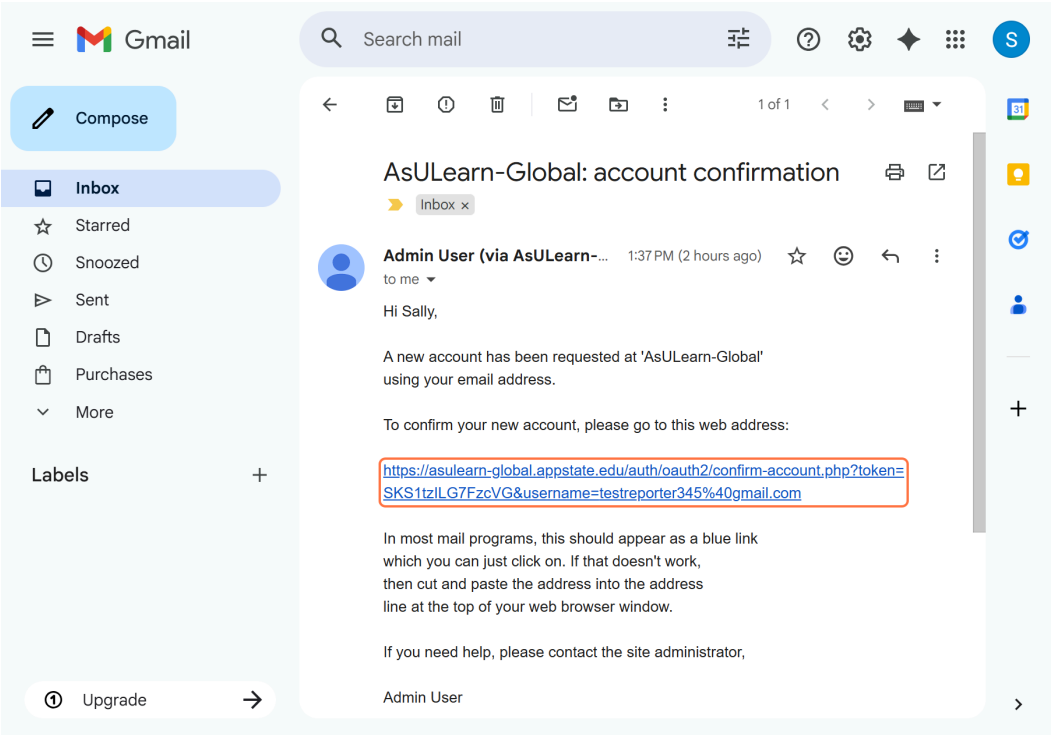


Step 5: Check your inbox!

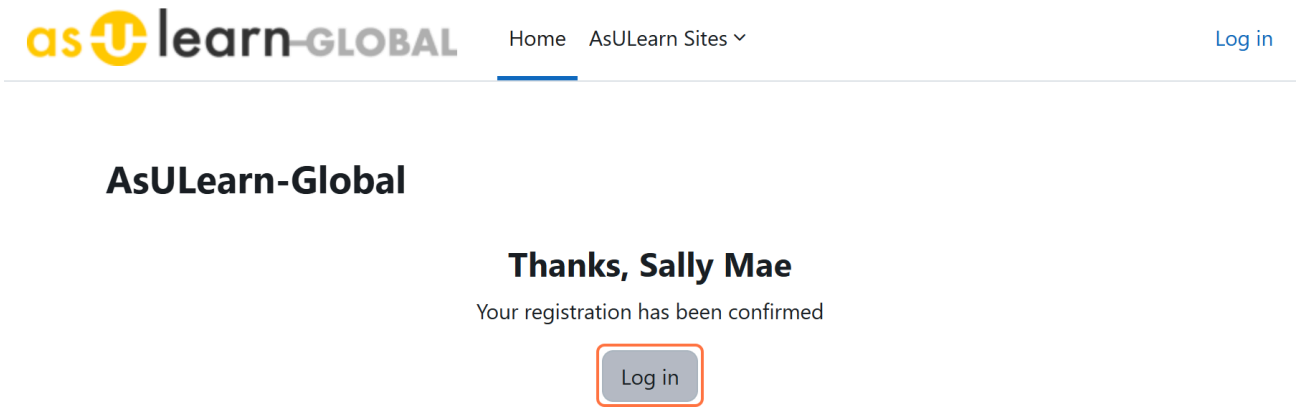
Go to your inbox and find the email from Admin User (via AsULearn-Global) with the subject line AsULearn-Global: account confirmation.



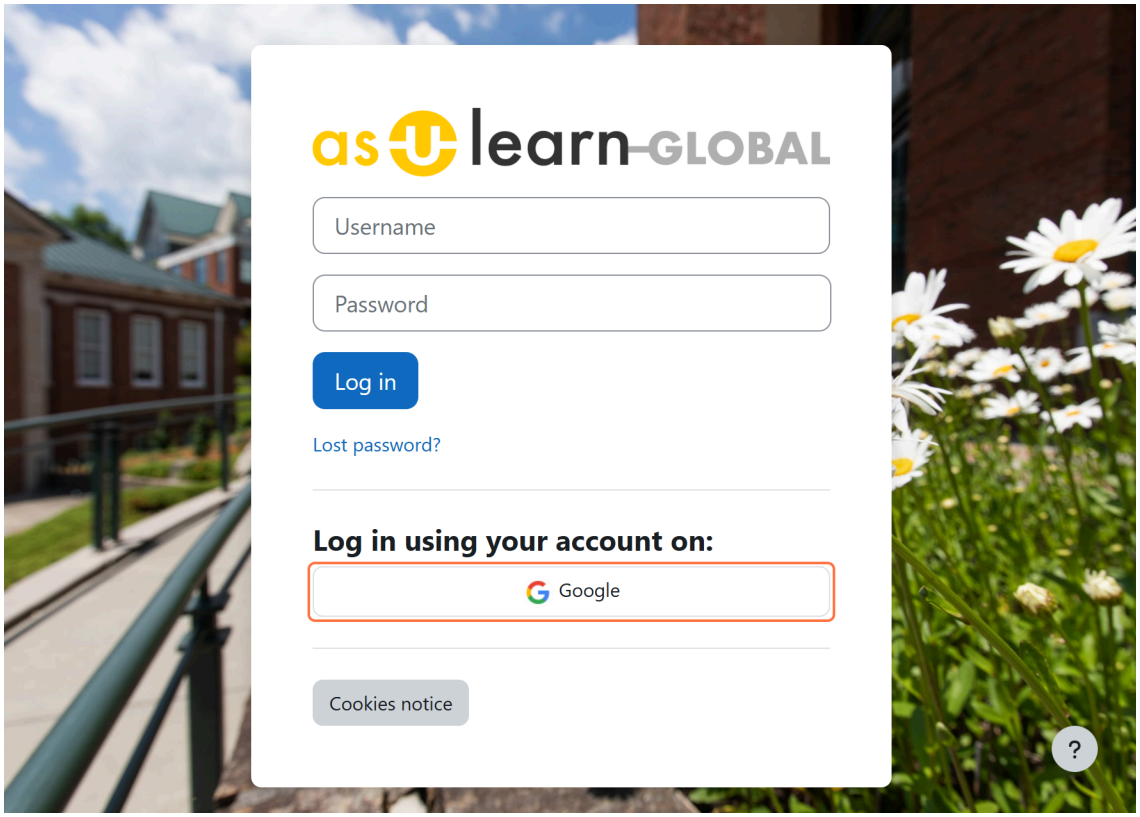
Step 6: Click on the verification link
Click on the link in the email to verify your account.



Step 7: Click on Log in
The verification link will take you to back to the AsULearn Global site where you can log in.

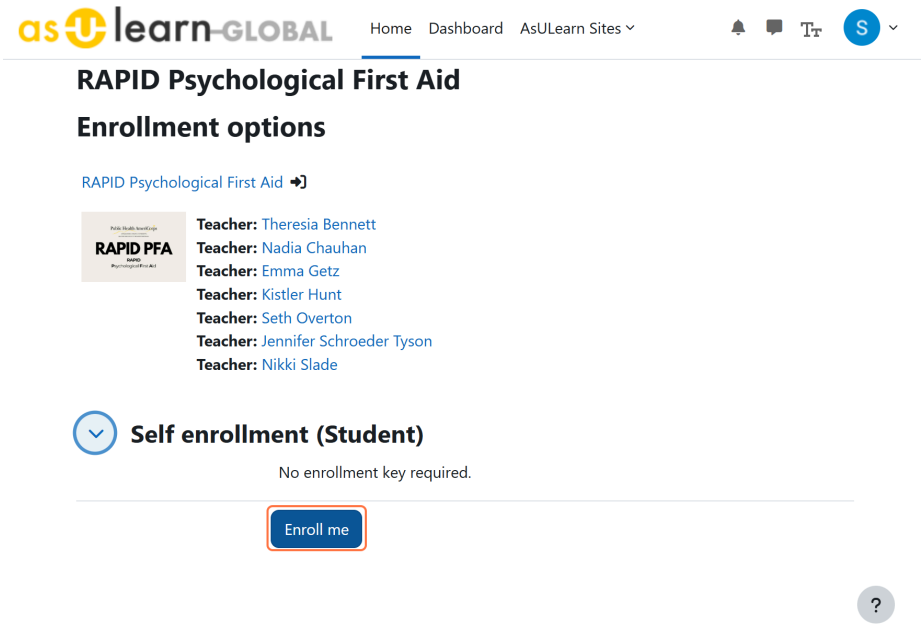


Step 8: Click on Google
Log in using your gmail account.



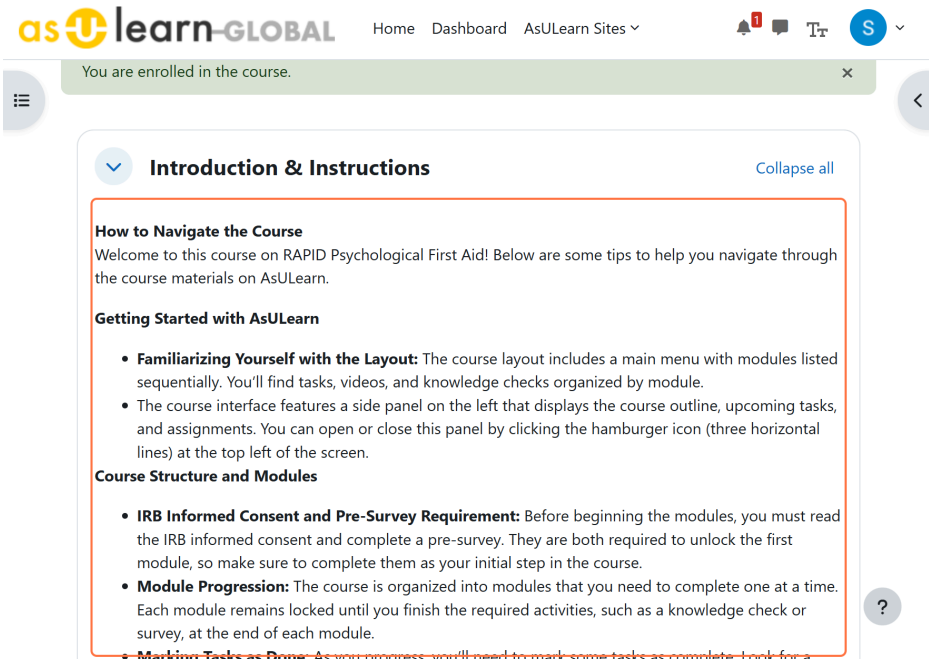
Step 9: Click on Enroll me

Click the blue Enroll me button to enroll as a student in the RAPID PFA course. If you do not see the Enroll Me button, click this link here.



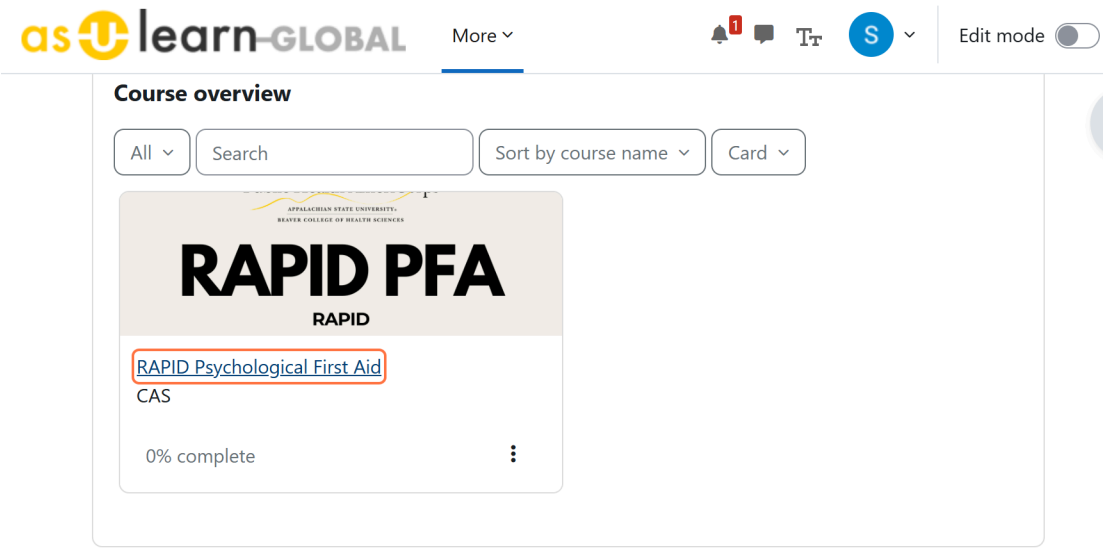
Step 10: And now you're in!

Scroll through the modules and complete the course.



For Future Reference: Click on Course name…

In your Dashboard, click on RAPID Psychological First Aid to be taken back to the course.



⭐Congratulations!

You are all set and ready to learn RAPID PFA! This course is self paced meaning you can work on it and come back on your own time. When you need to return to the AsULearn Global page and login, you may be taken to your Dashboard.

Contact us

Happy learning! If you have any questions, please reach out to app-phi@appstate.edu